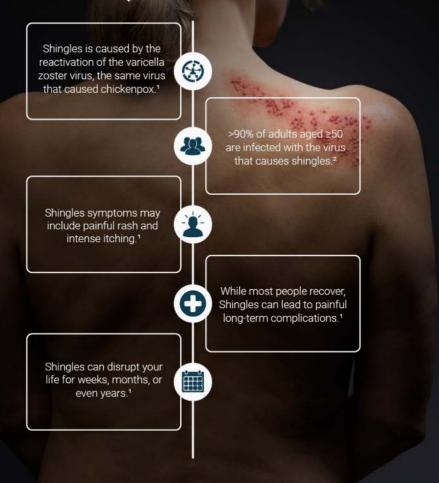


SHINGLES

PREVENTION STARTS WITH AN INFORMED CONVERSATION

If you're 50 years or older, you may be at risk of Shingles disease with the symptoms of painful, blistering rash - no matter how healthy you may feel. You can use this guide at your next doctor's appointment to learn more.

QUICK FACTS:





DON'T WAIT FOR SHINGLES PAIN TO STRIKE

GET THE **CONVERSATION** STARTED

HERE ARE SOME QUESTIONS TO GUIDE YOUR DISCUSSION



I am over 50 but feel healthy and try to stay fit. Am I still at risk for Shingles?



People talk about the terrible impact Shingles pain has had on their lives. Is it that painful?



Can you tell me more about the potential long-term complications of Shingles?



If I haven't had chickenpox can I get Shingles?



I've had Shingles before

Can I get it again?

TAKE ACTION BEFORE THE VIRUS DOES.

ASK YOUR DOCTOR ABOUT THE RISK AND IMPACT OF SHINGLES TODAY

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